

## 2018 Wellness Survey Results

This Wellness Policy survey is part of an annual review set forth by the **Healthy Hunger Free Kids Act of 2010**. The LPS Wellness Policy is located in our Board Policy, under Business Management, Wellness for Students EEB

[http://www.livoniapublicschools.org/UserFiles/Servers/Server\\_3032370/File/Superintendent/Board%20Policy/Board\\_Policy%20NEWEST.pdf](http://www.livoniapublicschools.org/UserFiles/Servers/Server_3032370/File/Superintendent/Board%20Policy/Board_Policy%20NEWEST.pdf)

Information and updates to and about the Wellness Policy will be made public, and on an annual basis as

Annual Progress Report

Triennial Assessment

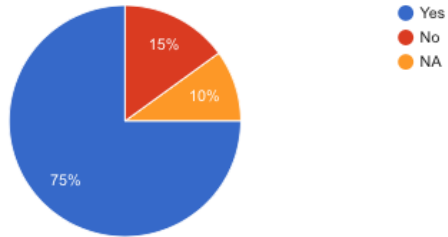
Updates and further implementation will occur on a yearly basis.

If you are interested in being part of the Wellness Committee please contact Sheryl Archibald, [sarchiba2@livoniapublicschools.org](mailto:sarchiba2@livoniapublicschools.org)

We offer standards based nutrition education in a variety of subjects (e.g. physical education, health, math, etc).

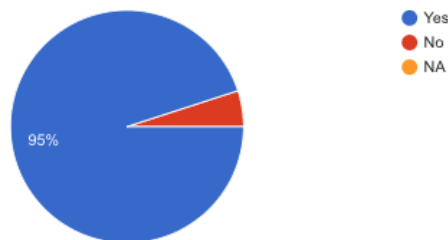


20 responses



We promote healthy eating and nutrition education with signage from food service, use of creative menus, posters, bulletin boards, etc.

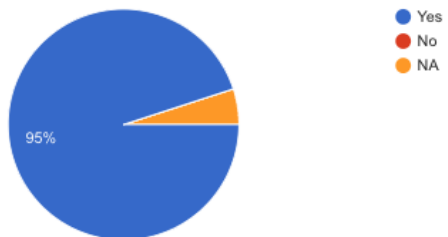
20 responses



We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

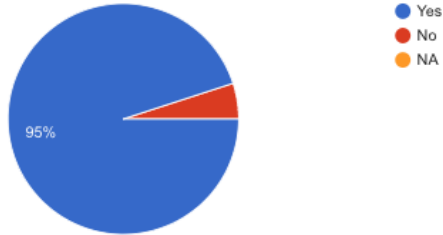


20 responses



We promote nutritious foods and beverages during the school day (e.g. buildings, field days, etc).

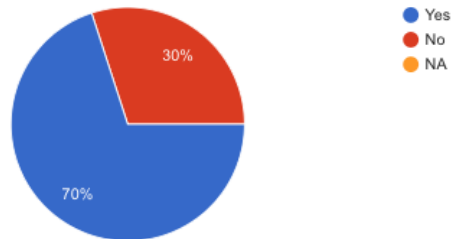
20 responses



We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc. Such as water or juice instead of pop or a vegetable tray in place of a cake.



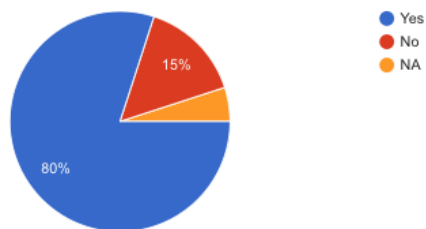
20 responses



We provide teachers with samples of alternative reward options other than food or beverages. Examples could be pencils or stickers instead of candy.



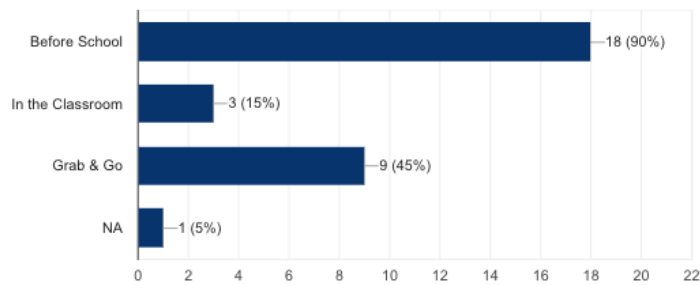
20 responses



### We operate the School Breakfast program:



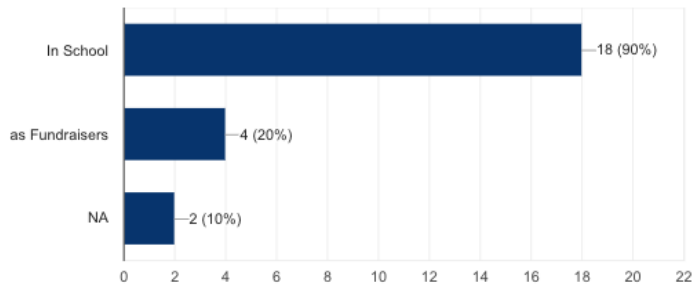
20 responses



### We have adopted and implemented Smart Snacks nutrition standards for the majority of items sold during school hours, including:



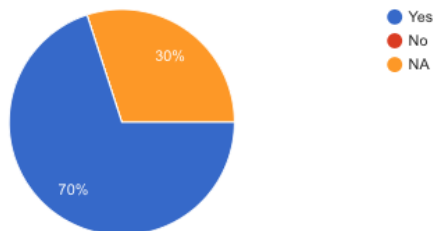
20 responses



### We provide physical education for elementary students on a weekly basis (elementary school only, NA otherwise).

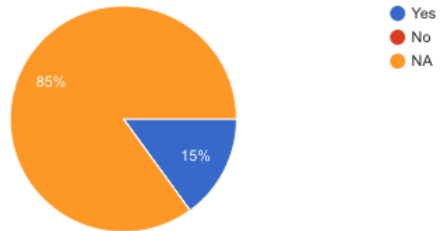


20 responses



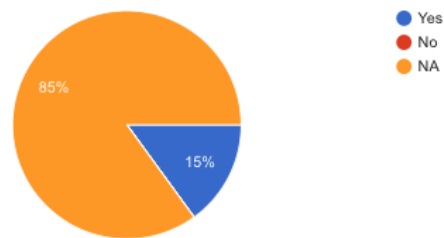
We provide physical education for middle school during a term or semester (middle schools only, NA otherwise).

20 responses



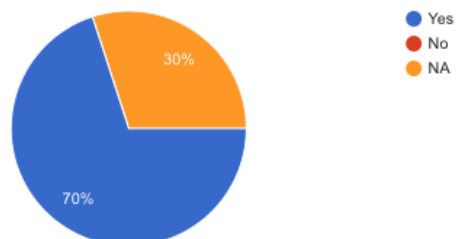
We require physical education classes for graduation (high schools only, NA otherwise).

20 responses



We provide recess for elementary students on a daily basis (elementary only, NA otherwise).

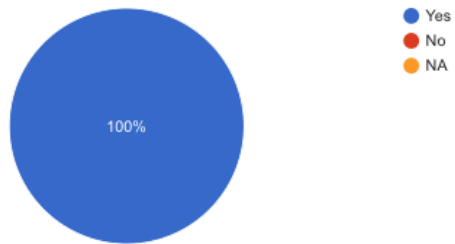
20 responses



We encourage opportunities for movement integrated throughout the day.



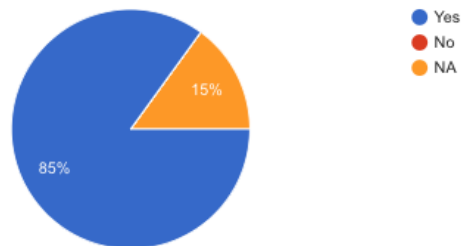
20 responses



We seek alternatives for consequences that would keep kids in from recess or physical education for punitive reasons.



20 responses

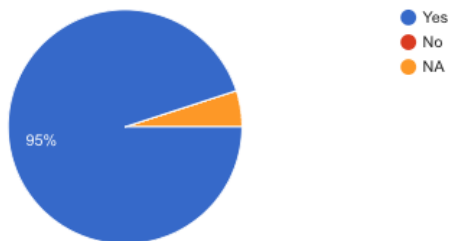


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Teachers are allowed to offer physical activity as a reward for students.



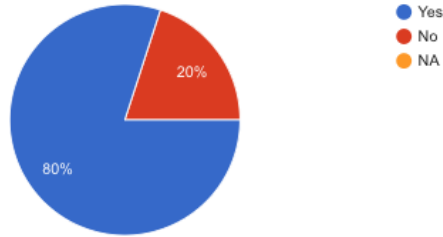
20 responses



We offer before or after school physical activities.

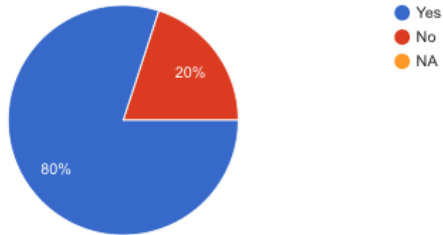


20 responses



We have community partnerships which support programs, projects, events, or activities. Examples may include Girls on the Run, Fuel up To Play 60, Jump Rope for Heart, Hoops for Heart, or BCBS Healthy Schools Program.

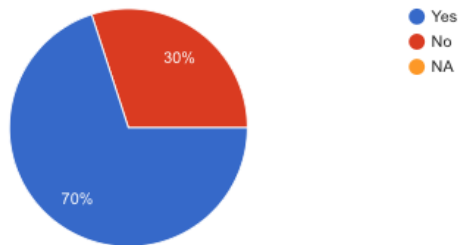
20 responses



We provide information to staff on the importance of modeling healthy behaviors.

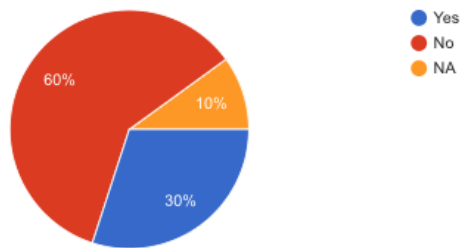


20 responses



We actively promote walk or bike to school for students with Safe Routes to School or other related programs.

20 responses



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We have a recognition/reward program for students who exhibit healthy behaviors. Example might be a ticket for a prize drawing or a pencil.



20 responses

